The most versatile

Why buying 12 metres of special string may be the cleverest thing you do all week...

here are few things more comforting out on the hill than having your back covered by a piece of kit you know is there but don't even notice. Quite often that takes the form of something fairly bulky like a survival bag, a personal locator beacon, spare batteries or a down jacket. But one of the most versatile items you can carry weighs practically nothing and has literally dozens of uses. You can even carry it around your wrist.

"Unlike strings, twines, general cable and nylon cords, Type III 550 paracord is a very technical rope with unique physical properties that allow it to be adapted to everything from dental floss to suture fabric in the field," says search and rescue specialist Lyle Brotherton, author of The Ultimate Navigation Manual.

"Type III 550 paracord has a tensile strength of 250kg. It's a dynamic rope that stretches by 30 per cent before breaking, won't rot or mildew, and is UV-resistant. Twelve metres weighs just over 80g." Buy the right kind, though,

says Lyle. Lots of items are sold as paracord, but the only genuine Type III is made in the States to a strict specification. Ensure it's US-manufactured 550 Type III; and if you need

to cut it, use a sharp pair of scissors then seal with a flame. Here are some handy uses for hillwalkers:

If you need to dry your kit at camp after a rainy day, attach a length between two objects.

GUY ROPES

Extra support for your tent in high winds can be gained from tensioning paracord against a rock or other solid object then attaching the other end to your

but we're stuffed without. Never be without

LANYARD

Essential for securing kit to your person or rucksack, such as your compass, hand-held satnay (GPS receiver) or mobile phone. Lose one of these and you could be in deep trouble.

HALYARD

Paracord, despite a diameter of just over 3mm, has a minimum tensile strength of 250kg and is perfect for lifting or lowering kit - from ice axes to rucksacks - over drops. Just remember to anchor the other end to ensure you don't drop it...

WASHING LINE

tent. And if you use glow-in-the-dark paracord you won't trip over it at night!

SPARE BOOTLACES

Spare laces are the item we all forget

AND LOADS MORE USES...

Zip pulls Creating a pacing counter using toggles Securing a splint to a broken limb

Securing items to a roof rack Hanging food in a bear-safe tree (you never know) Key fob

Lashing items to your pack A fire-starting bow string **Emergency belt** Securing rucksacks to a car roof rack



When counting paces, you can keep track using toggles on a piece of paracord.

You can also separate the threads inside the cord and use them as: Dental floss, fishing line Sewing/suture fabric

Clothing or equipment repair Tinder for firelighting

Lyle: never, ever seen

without trusty

paracord.

piece of kit ever?

All you need is

a few simple

...and a bit of creativity...

range

...and you've got your very own

US-manufactured Type III 550 paracord:

a walker's best friend?

WHY NOT WEAR IT!

A nifty way to carry paracord in a way that allows you to always have it on you is to make a bracelet - or a belt - from various lengths of cord. Visit tinyurl.com/llgpskt for a tutorial on how to make one.







